

<b>"You" Statements</b>	<b>"I" Statements</b>
You always interrupt me.	I would like to share my thoughts without interruptions.
You don't trust me!	I want to be trusted.
You are annoying me.	I am feeling upset.
You are always telling me what to do.	I would like to make my own decisions.
You didn't keep your promise.	I was concerned when our appointment didn't happen.
You need to prepare for that.	I find preparing works for me.

<b>"You" Statements</b>	<b>"I" Statements</b>
You are late for the appointment again!	
You made a mistake filling ou that form.	
You never seem to listen to what I am saying.	
You misunderstood the directions this time too.	
You didn't keep your word to call me back as you promised.	
You really messed up onthat application yesterday.	
You need to be more complete wen you communicate with your doctor.	